The Moroccan Association of Nutrition and Health Vigilance organises

In partnership with Al Amal Youth Centre – Rabat

AMNVS

To mark

WORLD FOOD DAY

Awareness and interactive workshops on healthy eating, health and prevention, for children, young people and families



Date:
Friday 16 October 2026

Time:
16:00 – 18:00

Venue:
Al Amal Youth Centre – Rabat

ACTIVITIES

- Activities for all ages
- Nutrition challenges and quizzes
- Build your balanced plate
- Discover healthy foods

Scan the QR code for more information

amnvs.ma

Open to everyone – Welcome!